



Six Thinking Hats Student Testimonials

The following testimonials are from students who participated in Edward de Bono's Six Thinking Hats program at the official Edward de Bono Regional Centre for Asia.

"I first attended the Six Thinking Hats Program when I was about 7 years old. I think that the de Bono program has helped to develop my thinking skills from a young age. The program has taught me to think clearly, logically and creatively, which has helped me in both my academic and musical pursuits."

- Abigail Sin, Singapore Music Prodigy

"Regarding the Six Thinking Hats Program, on hindsight, I feel that the tools and skills that I have acquired from the program have permeated my thoughts and manifested itself unknowingly without my conscious knowledge. I find that I am better able to appreciate the possibilities that others do not deem possible as well as to come up with ideas from seemingly mundane thoughts."

**Foo Chuan Tai,
5th Year Medical Student at Monash University, Australia**

"I can testify to the importance of the Six Thinking Hats in shaping my thinking. The program and the methods it taught me have played no small role in my development as a student and a debater, and have helped tremendously in formulating a coherent thought process that now comes naturally, which has greatly enhanced my decision making and argumentative skills."

**Arhshath Kaleni,
2nd year International Studies & Business Student, University of Pennsylvania**



“When I was in kindergarten (1999), my parents enrolled me into a very special enrichment class; the Six Thinking Hats course was a part of that program. At first, being a very docile kid, I was unwilling to attend these lessons. But over time, I found these lessons extremely fun and exciting, so obviously it piqued my interest. I started to understand how to use the Six Thinking Hats to sort out my thoughts; and although it wasn't very vital at that level of education, it would benefit me in the years to come.

What I liked about these skills was that it effectively allowed me to consider a problem thoroughly and think through all its aspects, such as its advantages and disadvantages, consequences and implications, and so on. I daresay that learning these thinking tools was a major contributing factor to my enrolment into the GEP (Gifted Education Program); one of the few students from my school, and one of only 2 from my class, which was the best in standard.

Even now, though I have ceased to attend the lessons, the thinking tools will always stick with me, at my fingertips. I always apply them in daily life, not only in academic aspects, but also when making personal decisions and playing my favorite sport; golf. “

Fong Pei Yuan

“Five years or more after I completed the Six Thinking Hats course, the tools taught during those lessons still serve me well. Both academically and otherwise, the tools and methods that I have learned enabled me to understand concepts at a much faster pace than my friends.

As a prefect and sports leader in secondary school, Six Thinking Hats especially helped me to solve problems in ways nobody even dreamt off. I was deemed the person to go to if one had a tough problem to solve. Outside of school, the tools helped me to analyze situations and information more closely and accurately, allowing me to grow as a person, having a mind of my own. “

Marc Seah

“The Six Thinking Hats Program has definitely benefited me a lot, not just in academic areas but also in non-academic areas. The program has taught me to think creatively and intelligently, to make wise decisions and eventually applying it into my daily life.

After attending the program, it taught me to think in a way that encompasses all aspects of life and to adopt my own perspectives and views, which are able to stand out from the rest.

I feel that the program has allowed me to adopt my very own voice, to speak what I feel and think and convince others with my thoughts. It has allowed me to become a more confident individual today. I can proudly say that the de Bono Thinking Program has taught me life skills that I will never forget.”

Chia Yuan Jun Yvonne
1st year Political Science Student, Peking University



"I do think that attending the Six Thinking Hats program from young stimulated me to think critically and to analyze problems systematically and from different points of view.

It taught me to be flexible to new ideas and adaptable to new situations. The best example of how I have benefited is in my debating career: I debated for several years at national competitions, and I believe that my de Bono training helped me to set up logical arguments, and to think quickly and lucidly while speaking under pressure. I now also coach debaters professionally, and my experience coaching secondary schools and junior college teams has made me realize the value of having logical and systematic thought. A person indeed cannot be taught to think overnight!"

Samantha Rachel Yeo

"If I had been asked what I thought of the de Bono program six or seven years ago, I would probably just have said that it was fun and interesting. Classes were stimulating, participation and interacting were encouraged, and unlike the other tuition classes I attended, this one didn't have any homework.

Through reading and reflecting on the methods and attitudes which Dr. de Bono described as essential for creative thinking, it occurred to me just how many of them I applied sub-consciously and systematically to tackle the problems of everyday life. Although I may only vaguely remember the content of the program, I believe that being exposed to the skills of creative thinking from such a tender age has greatly deepened my perception of life. I feel confident that, equipped with these skills, I am in a better position to cope with the demands of the rapidly progressive environment we live in today.

It may well be true that creative thinking is not something that is inborn or inherent. If that's the case, then starting to learn it at the ages of five or six, is just about as close as we can hope to get."

**Timothy Mok,
Valedictorian for Class of 2013 at Stern UC, New York University**

Published on www.EdwarddeBono.com

